



The ileostomy & internal pouch  
Support Group

# IA Greater London West Newsletter June 2010

[www.iaglw.org](http://www.iaglw.org)

## Mini Meets

Our on-going series of Mini Meets continues in the summer with a get together in Regents Park.

Meet fellow members for a cup of tea, a glass of wine and a chat. Please see our website for more details.



## Ever thought about VISITING?

There is a steady stream of new ileostomists and pouchies joining the world and more often or not they are keen to meet and talk to someone who has been through a similar experience to them. These 'visits' whether over the phone, by email or at the side of a hospital bed enable people to feel less alone in their new and often overwhelming situation. If you are interested in spending a small amount of time supporting people in this way please contact Anne-Marie Watson your new local Visiting Committee member - [annemariewatson@gmx.com](mailto:annemariewatson@gmx.com) who is putting together a database of contacts.

IA National Office are also organising one day visiting workshops in London. Please contact Anne-Marie if you are interesting in attending.

## November 2010 – Our AGM

We do hope lots of you will be able to join us at our next AGM. We are currently planning the event and will post details on the website soon. It's a great opportunity to meet your committee, get more involved and let us know what other activities you'd like us to be organising.

## Subscriptions

Members are now able to pay their annual subscriptions on the IA website. Visit [www.iasupport.org/join\\_renew.aspx](http://www.iasupport.org/join_renew.aspx) and select your local group IA Greater London West – there is also a link on our own website. Postal payments can still be made by cheque or postal order – payable to IA Greater London West. Send to –  
Mr M Chellaram, 81 Torbay Road, London, NW6 7DT

## National Information and Upcoming Events

### Voice Lifestyle Roadshow

Stoma appliance company Dansac are hosting this event which also features a newly commissioned forty minute play. 'Still me Waving', takes an honest look at life with a stoma highlighting the physical, emotional and social issues involved.

The nearest event to our group is at Hampton Court, Surrey on the 17 June with 2 performances of the play at 11am and 2pm. To receive your complimentary tickets go to their website [www.voiceroadshow.co.uk](http://www.voiceroadshow.co.uk) and register.

### National Council

Committee members Richard Bowden and Eirwen Smith joined the wider IA membership at National Council in Hinckley, Leicestershire for an information packed weekend. Expect details of the keynote speakers to be available in the upcoming IA Journals.



Next years National Council will be taking place in Windsor so if any of you are keen to attend please do let us know.

### Young IA weekend, 3-5 September 2010, Belfast

For those aged between 18 and 40 this weekend promises to be a fun packed social event offering young members the opportunity to meet other members and make new friends.

The registration cost is £50 for all activities including a sightseeing tour and a meal on the Saturday night. Delegates are responsible for all other costs and organising their own travel and accommodation.

If anyone would like support to attend this event you can apply for the Young IA Bursary Fund. Further details of which can be obtained from the Young IA co-ordinator - Sue Blackwell

[sue@sueblackwell.wanadoo.co.uk](mailto:sue@sueblackwell.wanadoo.co.uk) or if you are keen to attend we are able to support someone from our membership. Email Charu Patel our secretary [charu39\\_patel@hotmail.com](mailto:charu39_patel@hotmail.com) telling us what it would mean for you to go.

Keep up to date with all upcoming events on our website [www.iaglw.org/noticeboard](http://www.iaglw.org/noticeboard)