

# IA Pouch Group

**Do you have an internal pouch,  
or are thinking of having one?**

**Would you like to meet up with others  
who have and ask questions and share  
experiences?**

Deciding to have a pouch can be a difficult decision to make, and talking to others in a relaxed atmosphere can be helpful.

If you would like to come along for a drink, or some dinner, and a chance to chat to others, then please join us at

## **Palm Court Brasserie**

39 King Street, Covent Garden, London, WC2E 8JS

**16<sup>th</sup> May 2009 at 7pm**

Please contact Rachel Hayward on 07906 862664 or email [rachel.hayward@iasupport.org](mailto:rachel.hayward@iasupport.org) to book your place or more info.

Organised by SE London & W Kent IA



The ileostomy & internal pouch  
**Support Group**

**Freephone: 0800 0184 724**

**Email: [info@iasupport.org](mailto:info@iasupport.org) Website: [www.iasupport.org](http://www.iasupport.org)**

IA is a UK registered charity whose primary aim is to help people who have to undergo surgery which involves the removal of the colon and the creation of either an ileostomy or an ileo-anal pouch